

UNWIND

the island way



samaua



Let your body and mind unwind as you immerse in practices rooted in local traditions and ancient healing philosophies. Treat yourself to our special one-on-one treatments, or choose from our carefully curated list of mindful activities and movement classes.

Our service menu offers a variety of services which are personalised to your needs. We invite you to receive and experience a tailor-made treatment based on your body and mind's needs.

Our products are non-toxic and made locally, utilising the spices, flowers and herbs Zanzibar has to offer.

Classic MASSAGE

Allow yourself some time for self-care as you sink into the soothing rituals of our spa. Our massages are designed to suit your goals, preferences and likes. Our skilled therapist can apply a variety of massage techniques such as Swedish, deep tissue, lymphatic drainage and pressure points. Aromatherapy is an essential part of our wellness practices and is incorporated into all of our treatments.



FULL BODY MASSAGE

60 / 90 minutes - 65USD / 90USD

FOOT MASSAGE

30 / 60 minutes - 45USD / 60USD

HEAD AND FACE MASSAGE

30 / 60 minutes - 50USD / 60USD

NECK, BACK AND SHOULDER MASSAGE

30 minutes - 45USD

KIDS MASSAGE

30 minutes - 40USD (*4 - 12 years)

Body

RITUALS

DRY BRUSH MASSAGE

Leaves your skin soft and activates the lymphatic system which helps your body to detox. The application of body butter gives extra nourishment.

45 MINUTES – 65 USD



ALOE VERA AFTER-SUN TREATMENT

A soothing treatment for the face and body after a day out in the sun. Aloe Vera nourishes and comforts the skin as well as reduces heat and redness.

45 minutes – 50USD



BEAUTY

Treatments

FACIAL

Nourish your skin and soul with Mwani's luxurious skin superfoods. This facial will leave your skin not just clean but hydrated and rejuvenated. Amino acid, polyunsaturated fatty acids, and triple-filtered MW Macroalgae Extract™ deliver powerful moisturising and rejuvenating benefits. Mokaté oil, is exceptionally high in vitamin E. Raw bee honey revitalise your skin's natural balance. The exquisite scent is derived solely from the notes of the island's restorative botanicals.

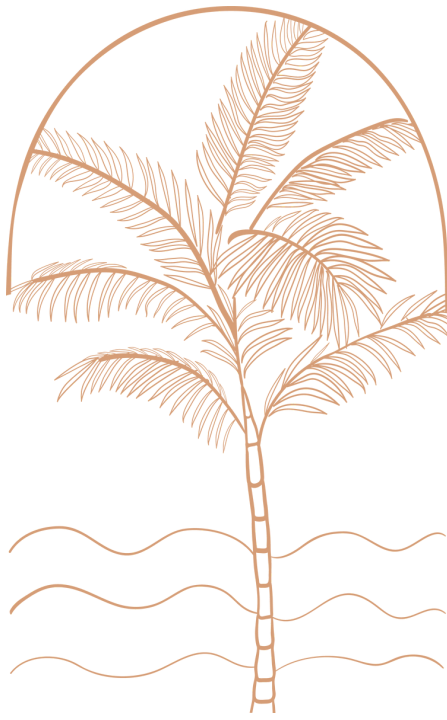
60 minutes - 65USD



MANICURE / PEDICURE

A nourishing treatment for your hands and feet using soothing massage and gentle scrubs to tidy cuticles and nails.

60 minutes - 45USD



Mindfulness & Movement

PRACTICES

Mindfulness practices and movement bring clarity to the mind and relax the body. At Samawa, we offer various modalities that may be offered in private or group classes. We have a weekly changing calendar of engaging activities. Our team will be able to assist you in finding out more.

YOGA
MEDITATION
PRANAYAMA (BREATHWORK)



EMS

EMS (Electrical Muscle Stimulation) training involves using electrical impulses to stimulate muscles and enhance the intensity of a workout.

Train more effectively
In a lot less time. 30 min | 30 USD

Points of interest

Spa Opening Times

9:00 – 18:00

Should you wish to schedule a treatment outside of our usual hours, please contact the reception team in advance for arrangement.

Gym Opening Times

06:00 – 21:00

Spa Arrival

We recommend that you arrive at least 15 minutes prior to your appointment time in order to relax, drink a cup of tea and allow your therapist to understand your needs. Arriving late will limit the time of your treatment. For your first visit, you will be asked to complete a brief, confidential client form. This is to check for contraindications to any treatments.

Cancellation

Guests who wish to change or cancel an appointment are kindly requested to provide a minimum of 12 hours' notice, otherwise the full cost of the treatment will be charged.

Spa Etiquette

Our spa is a place of tranquility and relaxation. Please respect the spa guests' right to privacy and serenity. We kindly ask that all cellular phones are turned off while at the spa.

Valuables

We advise you not to bring any valuables during your visit. Samawa accepts no responsibility for the loss of money or valuables of any kind.

In Room Massage

In room massages for Hotel Guests are available at an additional cost of \$40.

Service Charge

Tips are left to your discretion.

Reservations

To be made 1 day in advance with the reception.

